
PERSONAL DATA

- . **Place of birth:** Beirut

- . **Date of Birth:** 15 June 1993

- . **Marital status:** Single

- . **Nationality:** Lebanese

- . **Languages known:** Arabic- French- English

EDUCATION

Saint-joseph university (USJ), Beirut, Lebanon	September 2020 – JULY 2023
Master's degree in clinical and pathological psychology- CBT Cognitive Behavioral Therapy	

Saint-joseph university (USJ), Beirut, Lebanon	September 2012 – June 2017
Bachelor's degree in Clinical and Pathological Psychology	

Lycee Abdel kader, Beirut, Lebanon	Mai 2012
French Baccalaureate	

EXPERIENCE

Pro Terra Sancta, Beirut, Lebanon	2024-2025
Assistant Psychologist	

- Assist in psychological assessments (cognitive tests, questionnaires).
- Collect background information from patients
- Administered and scored WISC-V
- Observe therapy sessions and conduct interventions under supervision.

International College (IC), Ras Beirut, Lebanon	October 2022- January 2023
Psychologist intern- Elementary school	

- Observation
- Support to students in different areas: adaptation, transition, stress management, socio-emotional development, friendship, and others.
- Management of specific interventions (grief, divorce, crises, etc.).
- Individual guidance
- Parental guidance.
- Help for the teaching staff.

Psychologist intern- Department of Psychiatry

- Psychological evaluations of patients.
- Participation in psychoeducation and orientation sessions
- Psychological follow-up of patients, accompaniment and support, prevention of relapses.
- Training in the treatment of many mental pathologies: depression, schizophrenia, addiction, personality disorders, anxiety, etc.

Lebanese Autism Society, Beirut, Lebanon

March 2016

Psychologist Intern

- Observation internship in a school for autistic children.
- Report with constructive criticism of the school

Claire Maassab kindergarten, Beirut, Lebanon

Octobre 2014 – Novembre 2014

Psychologist Intern

- Observation internship in a nursery.
- Report with constructive criticism of the nursery.

MEMBERSHIPS

- License to practice from the Ministry of Health –Lebanon
- Member of the Lebanese Order of Psychologists

CERTIFICATES

Cbt for Weight Loss, Brainstation, Lebanon

2025

- How cbt can be applied to weight loss along with practical tools to help clients achieve sustainable and meaningful behavior change.
- Implement a structured framework for helping clients build long-term, healthy habits.

Psychological First Aid, The Johns Hopkins University, USA

2025

- Provide psychological first aid to people in an emergency by employing the RAPID model: Reflective listening, Assessment of needs, Prioritization, Intervention and Disposition.

CBT for Anxiety, BECK INSTITUTE, USA

2024

- Theory and practice of CBT for common anxiety disorders, including generalized anxiety disorder, panic disorder, social anxiety disorder, and obsessive-compulsive disorder
- Apply evidence-based cognitive and behavioral interventions for clients diagnosed with anxiety disorders.
- Create a case conceptualization, identify and evaluate anxious thoughts, incorporate mindfulness into treatment, and implement behavioral experiments and exposure exercises.

English Proficiency Assessment, Saint Louis University, USA

May 2017

- Score : 76/100
 - Proficiency Level : High Intermediate
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Special skills & Talents

Psychological skills :

- Psychological tests and assessments: administration and interpretation of multiple tests (Wisc-V, anxiety scale, depression scale etc.)
- Mastery of fundamental concepts in psychoanalysis, psychodynamic therapy, and CBT.
- Interview and clinical anamnesis.
- Psychoeducation
- Pathological personality structures.
- Cognitive and behavioral psychotherapy

Qualities and Interests

- Demonstrate integrity and responsibility in my work.
- Dedicated and passionate about the job
- Demonstrate high empathy and listening skills
- Advanced organizational skills
- Easily adapt and adhere to new environments and situations
- Able to work under pressure and meet deadlines
- Good communication and interaction with children
- Very observant
- High analytical skills
- Enjoy reading (novels, revues, psychology researches, ect)